

Trenton-Based Assistance for Coronavirus (COVID-19)

Curated from Official State, City, and County Sources

Prepared by



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COVID-19 Phone Numbers/Text Notifications

Provided by the NJ Poison Control Center and NJ211:

- **General COVID-19 Questions:** Call 2-1-1 (7 a.m. - 11 p.m.)
- **Clinical COVID-19 Questions:** Call 1-800-962-1253 (24/7)
- **To receive text alerts on your mobile phone, text:** NJCOVID to 898-211

City of Trenton's Health Department:

- **General COVID-19 Questions:** 609-989-3888 or 609-989-3336 (8:30 a.m. - 4:30 p.m.)

Official Websites for COVID-19 Information

State of New Jersey COVID-19 Information Hub: <https://covid19.nj.gov/>

- En español: <https://covid19.nj.gov/es>

Updated every day, multiple times each day. This is the State of New Jersey's official centralized information source for everything related to COVID-19. Find out how to get assistance, testing information, a place to ask your questions and a lot more.

State of New Jersey Department of Health: <https://www.nj.gov/health/>

COVID-19 Rumor Control and Disinformation:

<https://www.njhomelandsecurity.gov/covid19>

Assembled by the New Jersey Office of Homeland Security and Preparedness and the New Jersey Office of Emergency Management to help the public distinguish between facts and rumors/disinformation regarding the COVID-19 pandemic.

City of Trenton's Official Website: <https://www.trentonnj.org>

Local news and resources for our community including public assistance options, food pantry locations, public service announcements, tax info, and lots more:

<https://www.trentonnj.org/542/Coronavirus-Disease-2019-COVID-19>

Official Website of Mercer County, NJ: <http://www.mercercounty.org/home>

Mercer County Executive Brian Hughes sends Mercer County update emails daily. You can sign up to get the Mercer County update emails at:

www.mercercounty.org/departments/public-information/county-news/county-bulletin

CDC, The White House and FEMA's Official Coronavirus Website:

<https://www.coronavirus.gov/>

- En español: <https://espanol.cdc.gov/enes/coronavirus/2019-ncov/index.html>

Centers for Disease Control and Prevention (CDC): <https://www.cdc.gov/>

- En español: <https://www.cdc.gov/spanish/>

To find out more credible information online...

Visit Google's information site for more accurate internet searching:

<https://www.google.com/covid19/#page-top>

Official NJ Social Media Accounts to Follow

These official state accounts are updated regularly.

- **NJ Governor Phil Murphy** – *Updated multiple times daily*
 - Facebook: <https://www.facebook.com/governorphilmurphy/>
 - Twitter: <https://twitter.com/GovMurphy>
 - Website: <https://nj.gov/governor/>
- **NJ Department of Health** – *Updated multiple times daily*
 - Facebook: <https://www.facebook.com/NJDeptofHealth/>
 - Twitter: <https://twitter.com/NJDeptofHealth>
 - Website: <https://www.nj.gov/health/>
- **New Jersey Office of Emergency Management**
 - Facebook: <https://www.facebook.com/READYNEWJERSEY/>
 - Twitter: <https://twitter.com/ReadyNJ>
 - Website: <http://ready.nj.gov>
- **NJ211: Free, live, confidential, and multilingual. Call to connect with services that can help. Available 24/7/365.**
 - Facebook: <https://www.facebook.com/nj211partnership/>
 - Twitter: <https://twitter.com/NJ211>
 - Website: <https://www.nj211.org>
- **New Jersey Department of Labor & Workforce Development**
 - Facebook: <https://www.facebook.com/NJLabor/>
 - Twitter: <https://twitter.com/NJLaborDept>

- Website: <https://www.nj.gov/labor/>
- **NJ Department of Human Services**
 - Facebook: <https://www.facebook.com/NJDHS>
 - Twitter: <https://twitter.com/NJDHS>
 - Website: <https://www.state.nj.us/humanservices/>

Employment Resources

Filing for Unemployment Insurance Due to COVID-19

Unemployment Insurance (UI) is a program that gives financial support to people who lose their jobs through no fault of their own. For more information and to apply, visit the **NJ Department of Labor and Workforce Development, Division of Unemployment Insurance**: <https://myunemployment.nj.gov/>

- **Learn how to apply:** <https://myunemployment.nj.gov/before/about/howtoapply/>
- **Weekly benefits schedules:** Due to the high volume to claims, weekly schedules are constantly being updated. For the latest schedule, visit: <https://myunemployment.nj.gov/schedule.shtml>

Sick Leave - Information for Employees

Visit the NJ Department of Labor information for employees regarding Sick Leave: <https://www.nj.gov/labor/worker-protections/earnedsick/covid.shtml>

State of New Jersey COVID-19 Jobs and Hiring Portal

This is a centralized online resource to match talent with opportunities in industries on the front lines of the COVID-19 outbreak.

- If you lost your job or have had hours reduced as a result of COVID-19 and are looking for work, please visit: <https://jobs.covid19.nj.gov>
- If your business needs staff, the state can help you find workers! Please submit your needs here: <https://jobs.covid19.nj.gov/intake>

For Small Business Owners/Self-Employed

State of New Jersey's COVID-19 Business Information Hub

Discover loans, grants, and other programs to support small businesses in New Jersey:

<https://cv.business.nj.gov>

Food & Shelter Resources

Food Resources

List of Trenton Food Pantries

From the City of Trenton's Official Website - see times, locations, and contact information: <https://www.trentonnj.org/572/Food-Bank-Pantry>

Trenton Area Soup Kitchen (TASK)

72½ Escher Street

Trenton, NJ 08609

609-695-5456

<http://www.trentonsoupkitchen.org/>

Facebook: <https://www.facebook.com/pg/TASKSoupKitchen>

Services: TASK feeds those who are hungry in the Trenton area and offers programs to encourage self-sufficiency and improve the quality of life of its patrons. NOTE: Some services have been changed to accommodate social-distancing. To learn how this might affect you, please call 609-695-5456. Callers with hearing or speech impairments can also use the NJ Relay Service to reach TASK by dialing 711 or 1-800-852-7899.

See TASK's list of **Emergency Meals and Food Services for Mercer County**

Residents:

<https://storiesofasoupkitchen.wordpress.com/2020/03/26/emergency-meals-and-food-sources-available-to-mercer-county-residents/>

Grab n' Go Meals

From the City of Trenton's Official Website: see all Trenton Grab n' Go meal locations listed here: <https://www.trentonnj.org/559/Grab-n-Go-Meals>

NJ SNAP - New Jersey Supplemental Nutrition Assistance Program

New Jersey's Supplemental Nutrition Assistance Program (NJ SNAP), provides food assistance to families with low incomes to help them buy groceries through a benefits card accepted in most food retail stores and some farmers markets. Eligibility is set by several factors such as income and resources. You can use SNAP benefits to stretch your food budget and buy nutritious foods that can keep you and your family healthy.

For more information, call the NJ SNAP Hotline: 1-800-687-9512

Apply online: <https://www.nj.gov/humanservices/njsnap/>

Food for Women, Infants, and Children through WIC

New Jersey WIC services are available to families with low- or no-income as well as families experiencing unemployment, military deployment, and other short-term family financial hardships. The benefits and services available through this program go beyond the WIC checks you will receive to purchase nutritious food at the grocery store. If you are eligible, you will also receive:

- Nutrition education and counseling
- Breastfeeding education and support
- Immunization screening and referrals
- Referrals for free or reduced-cost healthcare
- Referrals to health or social services for:
 - Medicaid
 - NJ SNAP Assistance
 - Family care (healthcare)
 - TANF (Temporary Assistance for Needy Families)

To learn more about eligibility and application requirements, call toll-free: 800-328-3838 or visit <https://www.nj.gov/health/fhs/wic/>

Shelter Resources

Salvation Army Trenton Citadel Corps

575 E State St.

Trenton, New Jersey, 08601

609-599-9373

<https://www.facebook.com/pg/TrentonCitadel/>

Services: Shelter, hot and cold meals, food pantry, and referrals. May also have baby formula, diapers, clothing closet, and thrift store.

Catholic Charities Diocese Of Trenton

383 West State Street

Trenton, NJ 08607

1-800-360-7711

<https://www.catholiccharitiestrenton.org>

Para traducir al español, haga clic en "seleccionar idioma" en la esquina superior a la derecha.

Facebook: <https://www.facebook.com/pg/cctrenton/>

Services: Catholic Charities offers shelter, transitional, and permanent housing for people who are working, yet struggle to make ends meet, or who have special needs. They also provide food, mental health, and addiction services to children, youth, and families. NOTE: Some services have been changed to accommodate social-distancing. To learn how this might affect you, please call 1-800-360-7711 or visit this page for the latest updates: <https://www.catholiccharitiestrenton.org/covid-19/>

Utilities Assistance

State of NJ Assistance Programs Application "DCAid"

The New Jersey Department of Community Affairs has a variety of programs that can help you with rent/heating costs, prevention of eviction, reduction of utility bills, and removal of lead hazards from your home. Check to see what benefits and programs you may qualify for with one application: <https://www.nj.gov/dca/dcaid>

New Jersey Public Board of Utilities - Gas & Electric Services

If you're experiencing a utility service shut-off or have another issue with your utility, **contact the company first**. Get utility company contact information at:

<https://www.nj.gov/bpu/assistance/utility/>

If your utility company doesn't resolve your issue:

- Contact the New Jersey Public Board of Utilities Customer Assistance Team: <https://www.state.nj.us/bpu/assistance/complaints/inquiry.html>
- Call the customer assistance hotline at 800-624-0241. You will be prompted to leave a voicemail, and a member of the team will return your call.

For the latest NJ Public Board of Utilities COVID-19 resources and assistance updates:

<https://www.nj.gov/bpu/newsroom/reports/covid19.html>

Gas and Electric Utility Bill Financial Assistance

If you're having trouble affording your utility bills during this difficult time, there are many options for help. See the New Jersey Public Board of Utilities' list of available assistance programs: <https://www.bpu.state.nj.us/bpu/assistance/programs/>

Trenton Water Works (TWW)

333 Cortland Street
Trenton, NJ 08638

To inquire about your water or sewer account, please call 609-989-3055 or 609-989-3056.

<http://www.trentonwaterworks.org>

TWW is following the recommendations and emergency direction of local, state and federal officials and regulatory authorities. Customers and residents who have questions about TWW's Coronavirus response can call the Office of Communications and Community Relations at 609-989-3033, Monday to Friday from 8:30 a.m. to 4:30 p.m. Customers may also manage their accounts online.

Phone/Internet-Based Services

Contact your specific provider to find out if you are eligible for:

- Eliminating late fees
- Providing unlimited data for an extended period of time
- Expanding roaming access
- Free international calling
- Access to hotspots free of charge

Housing Assistance: Homeowners and Renters

Help for Renters and Homeowners to Prevent Foreclosure

If you are a renter or homeowner having trouble paying your rent or mortgage as a result of the COVID-19 crisis, there's hope and help available through the **New Jersey Housing and Mortgage Finance Agency's** expanded **Foreclosure Mediation Assistance Program (FMAP)**. The expanded, **no-cost program** includes:

- **Pre-foreclosure counseling** to provide upfront assistance to help homeowners avoid potential foreclosure, and
- **Counseling for renters on how to approach discussions with their landlords** on dealing with their rent situation.

Find a HUD-certified housing counselor in your county: njhousing.gov/foreclosure

New Jersey Department of Community Affairs COVID-19 Housing Assistance Programs

These homelessness prevention programs provide assistance to households who are being evicted due to a short-term loss of income, as well as case management and services to maintain housing. Learn more about these programs:

<https://www.nj.gov/dca/divisions/dhcr/covid19housingassistance.html>

New Jersey Department of Community Affairs Section 8 Housing Choice Voucher

The Section 8 Housing Voucher Program assists in making safe and quality housing in the private rental market affordable to low- and very-low-income households by reducing housing costs through direct rent subsidy payments to landlords. The program is funded by the U.S. Department of Housing and Urban Development. For more information, call 609-292-4080 or visit:

<https://www.nj.gov/dca/divisions/dhcr/offices/section8hcv.html>

State and Federal Taxes

State of New Jersey Income Tax Filing Deadlines Extended

For the latest information, please visit: <https://www.state.nj.us/treasury/taxation/>

Federal Income Tax Filing Deadlines Extended

For the latest information, please visit: <https://www.irs.gov/coronavirus>

General Assistance

New Jersey Department of Human Services (DHS)

DHS provides health care programs, disability programs, family programs, child protective agency access, aging services, child care programs, mental health and addiction services, and more. Visit <https://nj.gov/humanservices/>

For DHS toll-free hotlines: <https://nj.gov/humanservices/staff/hotlines>

United Way of Greater Mercer County

3150 Brunswick Pike, STE 230

Lawrenceville, NJ 08648-2420

609-896-1912

<https://www.uwgmc.org>

The United Way of Greater Mercer County team is working remotely to continue to serve the needs of the community. To request Federal Resources (NJ SNAP, healthcare, utilities assistance) go to the self-referring tool at <https://uwgmc.singlestoptechnologies.com> or call 609-637-4917 to speak with a Benefit Enroller. For the latest information on the Free Tax Program and Benefit Access Program, visit: <https://www.uwgmc.org/coronavirus>

Mental Health

If you're feeling stressed out, contact these hotlines to speak to sensitive, trained volunteers who provide empathic listening and can refer you to resources in your community.

NJ Mental Health Cares - Available 8 a.m. to 8 p.m. daily: 1-866-202-HELP (4357)
<https://www.njmentalhealthcares.org>

NJ Mental Health Cares, the state's behavioral health information and referral service, now offers help to people dealing with stress, anxiety, worry, and depression related to the Coronavirus (COVID-19) outbreak. Call 1-866-202-HELP (4357) for free, confidential support. The website also provides a wealth of mental health and substance use disorder resources including education, training, and online services:
<https://www.mhanj.org/virtual-support-and-learning-opportunities/>

Crisis Text Line - Available 24/7: Text NJ to 741741

Connect with a crisis counselor, trained in active listening and collaborative problem solving, helping to diffuse a "hot" moment or crisis.

Mobile Response: 1-877-652-7624

Providing teleconferencing and in-home assistance (if comfortable) for mental health-related crises.

NJ Hopeline - Peer Support and Suicide Prevention Hotline - Available 24/7:
1-855-654-6735

www.njhopeline.com

Need someone to talk to? Specialists are available for confidential telephone counseling and support.

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

www.suicidepreventionlifeline.org

Family Helpline - Available 24/7: 1-800-THE-KIDS (843-5437)

If you're feeling stressed out, call to speak to a trained volunteer of Parents Anonymous who can provide support and refer you to resources in your community.

2nd Floor Youth Helpline - Available 24/7: 1-888-222-2228

This is a youth helpline serving all youth and young adults in NJ. Youth who call are assisted with their daily life challenges by professional staff and trained volunteers. Anonymity and confidentiality are assured except in life-threatening situations.

Children's System of Care - Available 24/7: 1-877-652-7624

Call to find out about services for children and teens with emotional and behavioral health care challenges and families.

Child Abuse/Neglect Hotline - Available 24/7: 1-877-652-2873

Any person having reasonable cause to believe that a child has been abused or neglected has a legal responsibility to report it to DCF's Child Protection and Permanency (CP&P). Calls can be made anonymously.

Domestic Violence Hotline - Available 24/7: 1-800-572-SAFE (7233)

Call for information about domestic violence services in your local area.

Domestic Violence Support and Emergency Shelter Hotline via Womanspace, Inc. - Available 24/7: 609-394-9000

Help for women, men, and families impacted by domestic and sexual violence in Mercer County. Text: 609-619-1888 or TTY: 888-858-7233

www.womanspace.org

NJ Vet 2 Vet: 1-866-838-7654

www.njvet2vet.com

Providing 24-hour support to New Jersey National Guard Members, active military personnel, veterans, their families, and caregivers, statewide.

MOM2MOM - Available 24/7: 1-877-914-6662

The Mom2Mom helpline offers 24/7 peer support to mothers of children with special needs.

More hotlines available on the NJ Department of Human Services website:

<https://www.state.nj.us/humanservices/staff/hotlines/>

Smartphone Apps for Relaxation, Mindfulness, and Meditation (Recommended by Foundation Academies Staff)

- Breathing Zone
- Calm
- Colorfy
- Happify
- HeadSpace
- Pacifica
- Relaxing Melodies
- Shine
- Stop, Breathe & Think
- White Noise Lite

Free & Income-Based Hospitals and Clinics

If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your healthcare provider for medical advice.

Before you leave your home...

1. Should you be tested for COVID-19?

<https://covid19.nj.gov/faqs/nj-information/general-public/where-and-how-do-i-get-tested-for-covid-19-in-new-jersey-who-should-get-testing>

2. Check your symptoms online: <https://self.covid19.nj.gov>

3. Are you uninsured or underinsured?

You must request Charity Care/NJ Hospital Care Payment Assistance Program during your hospital or clinic visit. Learn more at:

<https://www.nj.gov/health/charitycare/>

4. Do you have the paperwork you need with you?

Bring proof of address, income, and photo ID.

Due to the crisis, you may want to call ahead to ensure the facility is open and accepting new patients.

Capital Health Family Medicine & Family Health Center

433 Bellevue Avenue
Trenton, NJ 08618
609-815-7296

<https://www.capitalhealth.org/our-locations/family-health-center>

The Capital Health Family Medicine Center provides care for insured adults and uninsured children.

Services: Preventative medicine; prenatal and maternity care; infant and pediatric care; adult, adolescent, and women's care; minor surgery; family and individual counseling; and information and referral services.

Capital Health Infectious Disease Specialists

40 Fuld Street, Suite 305
Trenton, NJ 08638
609-394-6338

<http://capitalhealth.org/infectiousdisease>

Eligible Patients: Patients receiving eligible services, who submit a completed Financial Assistance Application (including related documentation/information), and who are determined eligible for Financial Assistance by Capital Health.

Capital Health Primary Care - (Formerly known as Helene Fuld Medical Center)

832 Brunswick Avenue
Trenton, NJ 08638
609-815-7400

<http://capitalhealth.org/brunswickavenue>

Eligible Patients: Patients receiving eligible services, who submit a completed Financial Assistance Application (including related documentation/information), and who are determined eligible for Financial Assistance by Capital Health.

Capital Health Main Location Phone Numbers

- Capital Health Regional Center: 609-394-4000
- Capital Health Medical Center Hopewell: 609-303-4000
- Capital Health Hamilton: 609-588-5050

Henry J. Austin Health Centers (HJAHC)

321 North Warren Street

Trenton, NJ 08618

609-278-5900

<https://henryjaustin.org>

Appointments are available through phone and video (telemedicine).

Services: Adult Medicine; Family Medicine; Pediatrics; OB/Gynecology Care; Eye and Dental Care; Podiatry; Behavioral Health Care; and HIV testing, counseling, and treatment.

HJAHC Chambers Manor Family Practice - Trenton

317 Chambers Street

Trenton, NJ 08609

609-392-2635

<https://henryjaustin.org>

This clinic works on an income-based sliding scale, meaning it may not be totally free but at a low cost.

Medina Community Clinic

1 West State Street, 4th floor

Trenton, NJ 08608

609-235-8820

<https://www.medinahealthcare.org/>

Facebook: <https://www.facebook.com/medinacommunityclinic/>

Free consultation. Bring proof of address, income, and ID.

Robert Wood Johnson University Hospital at Hamilton

1 Hamilton Health Place

Hamilton, NJ 08690

609-586-7900

www.rwjhamilton.org

Services: Women's health, maternal-child health, gynecologic surgery, Cancer center, cardiac care, Diabetes and nutrition counseling, weight management, physical and occupational therapy.

St. Francis Medical Center Adult Clinic

601 Hamilton Avenue

Trenton, NJ 08629

609-599-5050

<https://www.stfrancismedical.org/find-a-service-or-specialty/specialty-outpatient-clinics>

The St. Francis Medical Center Adult Clinic accepts insured and self-paid patients 12 years of age and older. The clinic can provide referrals to several specialty clinics, including surgery, orthopedics, cardiology, pulmonary, infectious diseases, podiatry, neurology, and psychiatry.