

Resources During Coronavirus

Have general questions about COVID-19?

The NJ Poison Control Center and 211 have partnered with the State to provide information to the public on COVID-19:

Call: **2-1-1**

NJ211.org - If you need access to resources like food, rent/utility assistance, unemployment, health insurance or other services for you or your family

Call (24/7): **1-800-962-1253**

Text: **NJCOVID** to **898-211**

Visit <https://covid19.nj.gov/> or nj.gov/health for additional information

TrentonNJ.org - Resources concerning COVID-19 on our community including public assistance and public service announcements

Google's information site for more accurate internet based searching <https://www.google.com/covid19/#page-top>

Unemployment Due to COVID-19

Unemployment Insurance (UI) is a program that gives financial support to people who lose their jobs through no fault of their own. To qualify for Unemployment Insurance benefits, you must meet all of the [eligibility requirements](#) of the New Jersey Unemployment Compensation Law. Those who meet the requirements may receive benefits for up to 26 weeks during a one-year period.

[Division of Unemployment Insurance](#)

<https://www.nj.gov/labor/assets/PDFs/COVID-19%20SCENARIOS.pdf>

Claimant Processing: due to high volume to claims, weekly benefits are claimed according to this schedule:

If the last 4 digits of Social Security Number are between:

- 0000-2500: 8am-10am
- 2501-5000 10am-12pm
- 5001-7500 12pm-2pm
- 7501-9999 12pm-4pm

Shelter & Food Resources

List of Food Pantries

<https://www.trentonnj.org/DocumentCenter/View/4693/2020-Public-Pantry-Listing?bidId=>

Trenton NJ Salvation Army

575 E State St.

Trenton, New Jersey, 08601

Phone number - 609-599-9373

Resources provided include shelter, hot and cold meals, food pantry, and referrals. May also have baby formula, diapers, clothing closet, and thrift store.

Catholic Charities Diocese Of Trenton

383 West State Street

Trenton, NJ 08607

1-800-360-7711

Catholic Charities offers shelter, transitional, and permanent housing for people who are working, yet struggle to make ends meet, or who have special needs. They also provide food, mental health and addiction services to children, youth, and families. In an effort to facilitate social-distancing, Catholic Charities has implemented changes in several programs:

- Food pantries in Burlington, Lakewood, and Trenton continue serving people in need, but staff are distributing pre-packed bags at the door.
- The free tax preparation offered at 39 N. Clinton Ave. Trenton, is indefinitely suspended.

Trenton Area Soup Kitchen

72½ Escher Street in Trenton, NJ 08609 609-695-5456, <http://www.trentonsoupkitchen.org/>

The Trenton Area Soup Kitchen (TASK) feeds those who are hungry in the Trenton area and offers programs to encourage self-sufficiency and improve the quality of life of its patrons.

Grab n' Go Meals

Monday thru Friday – 4:00P – 5:30P – Recreation Centers

Ike Williams – 238 Clay Street

Sam Naples – 611 Chestnut Street

West Ward - 351 Prospect Street

Capital Area YMCA

- 11:30AM – 1:30PM
 - Columbus Park, Corner of Chestnut & Hamilton
 - Cooper Park, 400 Union Street
- 11:45AM – 1:45PM
 - Westminster Presbyterian Church, 1140 Greenwood Ave
- 12:00PM – 2:00PM
 - Greenwood Ave Farmers Market, 427 Greenwood Ave
 - Roberto Clemente Park, 342 North Academy Street
 - Villa Park, 999 Lyndale Avenue
 - YMCA, 431 Pennington Avenue
- 12:15PM – 2:15PM
 - George Page Park, North Clinton & Lawrence Street

NJ SNAP - New Jersey Supplemental Nutrition Assistance Program

New Jersey's Supplemental Nutrition Assistance Program, NJ SNAP, provides food assistance to families with low incomes to help them buy groceries through a benefits card accepted in most food retail stores and some farmers markets. Eligibility is set by several factors such as income and resources. You can use SNAP benefits to stretch your food budget and buy nutritious foods that can keep you and your family healthy. <https://www.nj.gov/humanservices/njsnap/apply/ways/>

Food for Women, Infants and Children through WIC

New Jersey WIC services are available to families with low or no income as well as families experiencing unemployment, military deployment and other short-term family financial hardships. Learn about eligibility and application requirements here. The benefits and services available through this program go beyond the WIC checks you will receive to purchase nutritious food at the grocery store. If you are eligible, you will also receive:

Nutrition education and counseling

Breastfeeding education and support

Immunization screening and referrals

Referrals for free or reduced cost healthcare

Referrals to health or social services for:

Medicaid

NJ SNAP Assistance

Family care (healthcare)

TANF (Temporary Assistance for Needy Families)

Further assistance is available by calling 866.446.5942 (toll-free) 800.328.3838 (24-hour toll-free referral line)

Bills & Utilities

Home Energy Assistance Program (HEAP)

1-800-510-3102

Federally-funded program that helps low-income households with their home energy bills. To be eligible, a household income must be at or below 175% of the Federal Poverty Level. For example, a household size of 4 needs to make \$3,661 or less a month.

Trenton Water Works
609-989-3055

For the month of March, bills are given a two week extension due to parts of the facility closing. See <https://www.trentonnj.org/CivicAlerts.aspx?AID=257> for updates.

PSENG

Suspended shutting off anyone's services even if bill is overdue. See this site <https://nj.pseg.com/saveenergyandmoney/gethelp-paying-your-bill/cant-afford-to-pay> for payment options if outstanding bill.

Housing Assistance (Section 8 Housing)
(609) 292-4080

The Section 8 Housing Voucher Program assists in making safe and quality housing in the private rental market affordable to low, and very low-income households by reducing housing costs through direct rent subsidy payments to landlords. The program is funded by the U.S. Department of Housing and Urban Development.

United Way- Mercer County:

The health and safety of our community is our top priority. Out of an abundance of caution regarding the Coronavirus (COVID-19) we have made the difficult decision to close our office and Free Tax and Benefit Access Sites. Please see below for more detailed information.

WHAT IS UNITED WAY OF GREATER MERCER COUNTY DOING RIGHT NOW?

- Following up with families enrolled in our Benefit Access Program (Federal Benefits and Resources for you and your family)
 - You can still access the self referring tool and see if you qualify for Federal Resources please [click here](#)
 - Please call 609-637-4917 to speak with a Benefit Enroller
 - For State of NJ assistance (housing, utility assistance, food needs) please [click here](#)

Mental Health

If you're feeling stressed out, contact these hotlines before a crisis occurs. You'll speak to sensitive, trained volunteers who provide empathic listening and refer you to resources in your community.

NJ HOPELINE: 1-855-654-6735; www.njhopenline.com

NATIONAL SUICIDE PREVENTION LIFELINE: 1-800-273-TALK (8255), www.suicidepreventionlifeline.org

FAMILY HELPLINE: 1-800-THE-KIDS (843-5437), 24 hours a day – 7 days a week

NJ Mental Health Cares 1-866-202-4357 8am-8pm everyday hotline for mental health assistance crisis or general concerns
Crisis Textline for NJ - Text NJ to 741741

Mobile Response 1-877-652-7624 Providing teleconferencing and in-home assistance if comfortable for mental health related crisis.

Free & Income based Hospitals and Clinics

Capital Health Family Medicine & Family Health Center

433 Bellevue Avenue, 4 th Floor, Trenton, NJ call (609) 815-2671/7296 M, W & Th: 8:30am – 5:30pm | T & F: 8:30am – 4:30pm

The Capital Health Family Medicine Center provides care for insured adults and uninsured children. Services include: Preventative medicine; prenatal and maternity care; infant and pediatric care; adult, adolescent, and women's care; minor surgery; family and individual counseling; and information and referral services. If uninsured or underinsured must request during the time of visit Charity Care/ NJ Hospital Care Assistance Program

Henry J. Austin Health Centers

321 North Warren St. Trenton NJ Call (609) 278-5900 Monday to Friday: 8:00 am - 5:00 pm | Sat: 9:00 - 1:00 pm

Only accepting self-paid new patients. Services: Adult Medicine; Family Medicine; Pediatrics; OB/Gynecology Care; Eye and Dental Care; Podiatry; Behavioral Health Care; and HIV testing, counseling, and treatment.

HJAHC Chambers Manor Family Practice-Trenton
431 Chambers St. Trenton NJ 08609 Call (609) 392- 2635

This clinic works on an income based sliding scale, meaning it may not be totally free, but rather at a low cost.

Robert Wood Johnson University Hospital Hamilton
www.rwjhamilton.org 1 Hamilton Health Place, Hamilton NJ Ph. 609.583.7900

*if uninsured or underinsured must request during the time of visit Charity Care/ NJ Hospital Care Assistance Program
Services: Women's health, Maternal Child Health, Gynecologic Surgery, Cancer Center, Cardiac Care, Diabetes and Nutrition
Counseling, Weight Management, Physical and Occupational Therapy.

St. Francis Adult Clinic Center
www.stfrancismedical.org Ph. 609.599.5050 601 Hamilton Avenue, Trenton, NJ Monday-Friday: 9am – 5pm

The St. Francis Adult Clinic accepts insured and self-paid patients 12 years of age and older. Uninsured and underinsured please request Charity Care during time of visit The Clinic can provide referrals to several specialty clinics, including surgery, orthopedics, cardiology, pulmonary, infectious diseases, podiatry, neurology, and psychiatry

Medina Community Center
1 W State St 4th floor, Trenton, NJ 08608 Call (609) 270 5067

Free consultation. Proof address, Income and ID.

Capital Health Primary Care - (Before Helen Fuld Hospital)
832 Brunswick Avenue Trenton NJ 08638 609-815-7400 | capitalhealth.org/brunswickavenue

Eligible Patients – Patients receiving eligible services, who submit a completed Financial Assistance Application (including related documentation/information), and who are determined eligible for Financial Assistance by Capital Health.

Capital Health – Infectious Disease Specialists
40 Fuld St. Trenton, Suite 305 Trenton NJ 08638 609-394-6338 | capitalhealth.org/infectiousdiseas

Eligible Patients – Patients receiving eligible services, who submit a completed Financial Assistance Application (including related documentation/information), and who are determined eligible for Financial Assistance by Capital Health.
MAIN LOCATION PHONE NUMBERS FOR CAPITAL HEALTH Capital Health Regional Center (609) 394-4000 Capital Health Medical Center Hopewell (609) 303-4000 Capital Health Hamilton (609) 558-5050 .

COVID-19 - May use ANY Hospital Emergency Room in NJ *if uninsured or underinsured must request during the time of visit for Charity Care/ NJ Hospital Care Assistance Program.*

All Hospital and Clinics the person need: Proof of address, income and photo ID

For further NJ state health information and recommendations please also view <https://www.nj.gov/health> and

<https://www.cdc.gov/>

Have general questions about COVID-19? Call the public hotline! Call the NJ COVID-19 & Poison Center Public Hotline at 1-800-962-1253 or 1-800-222-122 Trained professionals are standing by to answer your call 24/7 OR visit nj.gov/health NOTE:

Hotline is not to locate testing, to get test results, or for medical advice

TRENTON CITY HALL: HEALTH DEPARTMENT HOTLINE (609) 989-3888

Phone/Internet Based Services

Contact your specific provider to find out if you are eligible for:

- Eliminating late fees
- Providing unlimited data for the next 60 Days
- Expanding roaming access
- Free international calling
- Access to hotspots free of charge

Self Care Resources via mobile apps

APPS YOU NEED:



HeadSpace



Relaxing
Melodies



Shine



Happify



Calm



Breathing Zone



Pacifica



White Noise lite



Stop, Breathe,
& Think



Colorfy

Apps for relaxation, mindfulness, & meditation